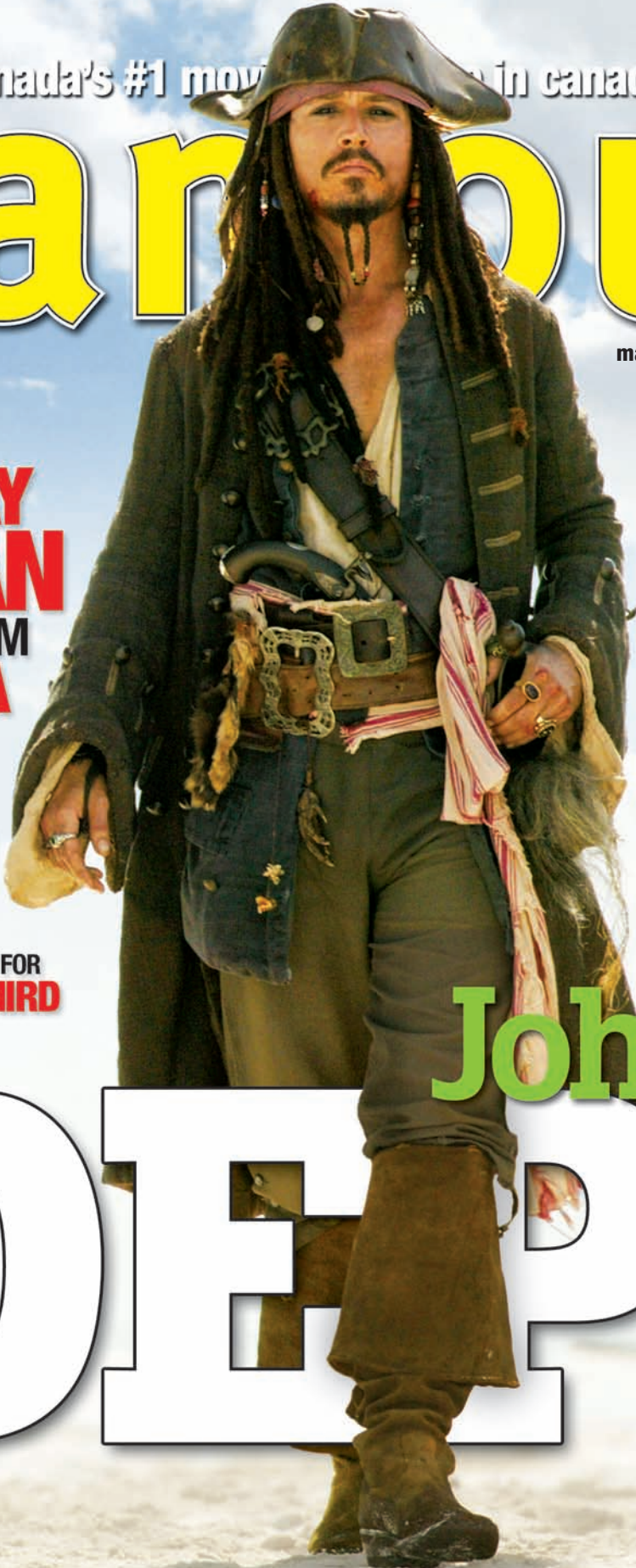




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Famous

may 2007 | volume 8 | number 5

WHAT DID
**LINDSAY
LOHAN**
LEARN FROM
**GEORGIA
RULE?**

**CAMERON
DIAZ**
VOICES HER SUPPORT FOR
SHREK THE THIRD

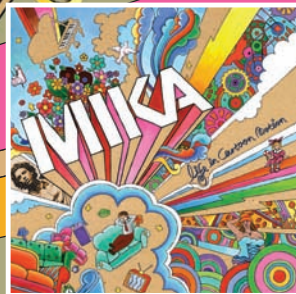
The eccentric
actor talks about
Captain Jack's
resurrection for
**Pirates of the
Caribbean:
At World's End**

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U M U S I C C A



AMY
WINEHOUSE
BACK TO BLACK



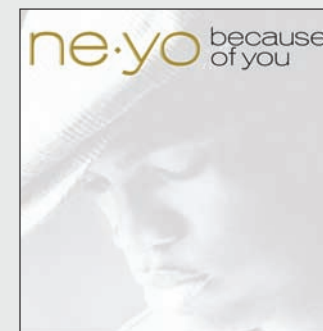
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Johnny Depp's risky turn as swishy Captain Jack Sparrow in the first *Pirates of the Caribbean* movie paid huge dividends for both Disney and Depp. Back for the series' third flick, *At World's End*, Depp chats about Captain Jack's evolution (or lack thereof) and why his kids know the character better than he does

BY EARL DITTMAN

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CAUGHT ON FILM

RENÉE ZELLWEGER, ELISHA CUTHBERT, ANTONIO BANDERAS



1



2



3

1 No, he's not on set. Antonio Banderas (with wife Melanie Griffith to his left) makes his way to a religious ceremony during Holy Week in his native Malaga, Spain. Banderas acted as one of the "stewards of the throne of the Virgin of Tears and Favours" during the traditional Catholic procession.

PHOTO BY SPLASH-KEYSTONE

2 Elisha Cuthbert reacts with an, um, flamenco move (?) to a play at a New York Rangers-Montreal Canadiens game at Madison Square Gardens. We'd like to think that, having been born in Calgary and raised in Montreal, Cuthbert was rooting for the Canadiens, but since she's dating Rangers forward Sean Avery we're dubious.

PHOTO BY JAMES DEVANEY/WIREIMAGE

3 Sporty girl Renée Zellweger throws a few passes between takes on the South Carolina set of *Leatherheads*. She plays George Clooney's fiancée in the period piece about a 1920s football team. It should be in theatres this December.

PHOTO BY PETER GODDARD/
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NEW LOOK FOR CINEPLEX.COM



Affleck's career curveball

Ben Affleck is making sure his wee daughter Violet will never, ever cheer for the New York Yankees. Affleck, a diehard Boston Red Sox fan, narrates a new DVD aimed at indoctrinating children to make them Red Sox fans. The DVD is called *Red Sox Baby: Raising Tomorrow's Boston Red Sox Fan Today*, and it uses Red Sox footage and graphics to help teach kids counting, spelling, shape and colour recognition. —IR



Artifact

This month's objet de film:
ul. Obi-Wan Kenobiego

Thirty years ago this month the first *Star Wars* movie was released, changing the course of filmmaking and instigating a seemingly endless stream of merchandise, fan magazines, websites and, of course, sequels. In honour of the anniversary we present you with one of the franchise's more unusual spinoffs — ul. Obi-Wan Kenobiego or Obi-Wan Kenobi Street. Located in a town far, far away — Grabowiec, Poland — the street was renamed and the sign erected in April 2005 at the urging of district councillor Leszek Budkiewicz. Mr. Budkiewicz is, no surprise, a huge fan of the films, and the owner of a dog named Leia. —MW

Take a few minutes to check out the new Cineplex.com website next time you're online. A complete redesign makes it the site of choice not only for movie information, showtimes and ticket buying, but also for essential entertainment news. The cleaner, easier-to-read site now has an Entertainment News section — culled from a variety of international magazines and news sources — that brings you breaking stories, movie news and celebrity updates.

Plus, an all-new film-ranking feature lets users rank current releases on a scale from zero to five. That means you can see what your fellow moviegoers thought of a movie before heading out the door. There's even a function that allows you to search for the highest-ranked films currently in theatres.

And not only has the site's search function been enhanced, a newly installed site tutorial helps novice and returning users navigate pages and learn about the various upgrades.

For those of you dying to see this summer's blockbuster movies be sure to check the site regularly to land advance tickets for flicks that are going to sell out quickly.

Oh, and if you haven't already heard, *Famous* magazine is now available on Cineplex.com. Look for *Famous Kids* to arrive online this month, and *Famous Québec* on the French-language portion of the site. —IR



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PLAYSTATION 3



RUFUS WAINWRIGHT

acts for Arcand

Do you remember *Tommy Tricker and the Stamp Traveller*? Rufus Wainwright recalls the nearly 20-year-old Canadian kids' pic as if it came out yesterday.

In 1988, at the tender age of 15, the son of musicians Loudon Wainwright III and Kate McGarrigle made his big-screen debut in the fantasy film that reached a generation of kids, particularly in Quebec. "I performed the theme song in a scene where the movie's producer [Rock Demers] was getting his shoes polished, and he ended up in the fountain of Complexe Desjardins. What a strange experience," the musician recalls over the phone from his New York apartment.

Since then, this born-and-bred Montrealer has been known for his singing, rather than his acting, thanks to a plaintive vocal style that has earned him fans around the world. "I think I'd hate being an actor," he quips, laughing. "Especially these days, there are so many mediocre films. I'd probably have to get a facelift, go to rehab. It's all just too much for me."

Too much, maybe, yet not enough to dissuade him from accepting a role in Denys Arcand's *L'Âge des ténèbres*, which is expected to be released next fall.

This next offering from the director of the Oscar-winning *Les Invasions barbares* has Quebec actor Marc Labrèche playing a disillusioned, ennui-ridden civil servant who flees into an imaginary universe to escape his monotonous routine.

"I play one of the characters in his daydreams, some kind of

Turkish pasha who sings an 18th-century aria. I open and close the film. And I'm surrounded by a harem of gorgeous women, one more delicious than the next. You gotta love the movies," jokes the openly gay Wainwright, inferring that the harem's charms may have been wasted on him.

At the time of the interview, Wainwright was finishing up his musical contribution to the animated Disney feature *Meet the Robinsons*. "It's a dream come true," he says. "Three of my songs are on the soundtrack, two of which I perform. They're very important and represent crucial narrative points. But I wasn't the only one to work on this soundtrack. Danny Elfman, who's married to Bridget Fonda — that's how he is famous — also collaborated on the project," adds Wainwright.

So has this singer been bit by the acting bug?

"I constantly get offered scripts, but I haven't found anything worthwhile yet," he says, admitting he secretly longs to play the lead in a *Moulin Rouge*-style musical. Meanwhile, he's preparing to promote his new album, *Release the Stars*, which comes out this month, and is polishing off an opera commissioned by the prestigious New York Metropolitan Opera — "a fantasy I've had for such a long time that's actually becoming reality."

Having realized his wildest dreams, what's left for Wainwright?

"I'm dying for the day when I'll be able to sit in the audience, and listen, and appreciate how wonderful my music is," says this perfectionist. Easier said than done. —JEAN-FRANÇOIS LÉGARÉ

PHOTO BY JOCELYN MICHEL

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now in theatres

| BY INGRID RANDOJA



SPIDER-MAN 3

WHO'S IN IT? Tobey Maguire, Kirsten Dunst
WHO DIRECTED? Sam Raimi (*Spider-Man 2*)
WHAT'S IT ABOUT? Spidey (Maguire) is back for a third web-slinging adventure and this time around he's got his hands full battling new villains Sandman (Thomas Haden Church), Venom (Topher Grace) and Green Goblin 2.0 (James Franco), while coping with an alien infection that's changed him from a sweet to surly superhero. **Also screening in IMAX where available.**

→ **HITS THEATRES MAY 4**

LUCKY YOU

WHO'S IN IT? Eric Bana, Drew Barrymore
WHO DIRECTED? Curtis Hanson (*In Her Shoes*)
WHAT'S IT ABOUT? Hotshot poker player Huck Cheever (Bana) is looking to add a champion's bracelet to his jewellery collection when he competes in the World Series of Poker in Las Vegas. Who's the only player who might be able to take him down? His very own dad (Robert Duvall). Look for cameos by real-life poker pros Sam Farha, Doyle Brunson and Canada's own Daniel Negreanu.

AWAY FROM HER

WHO'S IN IT? Julie Christie, Gordon Pinsent
WHO DIRECTED? Sarah Polley (debut)
WHAT'S IT ABOUT? Aging couple Fiona (Christie) and Grant (Pinsent) must accept the fact that Fiona is losing her battle with Alzheimer's and should be placed in a home. This touching drama marks Polley's debut as a feature-film director.

MAY 11

WAITRESS

WHO'S IN IT? Keri Russell, Nathan Fillion
WHO DIRECTED? Adrienne Shelly (*I'll Take You There*)
WHAT'S IT ABOUT? Actor/writer/director

Shelly was hoping this movie about a pregnant Southern waitress (Russell) who hates her shiftless husband and falls for her doctor (Fillion) would land her bigger and better directing gigs. Sadly, however, she was murdered last November in her New York City office and this quirky dramedy stands as her last piece of work.

28 WEEKS LATER

WHO'S IN IT? Robert Carlyle, Rose Byrne
WHO DIRECTED? Juan Carlos Fresnadillo (*Intacto*)
WHAT'S IT ABOUT? You won't find Cillian Murphy alive and well in this sequel to *28 Days Later*. A new cast



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►► has been assembled for this tale that picks up six months after the Rage virus has wiped out most of the U.K.'s population. Survivors Don (Carlyle) and his girlfriend Scarlett (Byrne) are allowed back inside a secure section of London only to once again battle for their lives when an infected person penetrates the perimeter.

GEORGIA RULE

WHO'S IN IT? Lindsay Lohan, Jane Fonda

WHO DIRECTED? Garry Marshall

(Raising Helen)

WHAT'S IT ABOUT? Rebellious teen Rachel (Lohan) is sent to live on her grandmother Georgia's (Fonda) farm where she learns she inherited her attitude problems from dear old grandma. **See Lindsay Lohan interview, page 26.**

MAY 18

SHORTCUT TO HAPPINESS

WHO'S IN IT? Alec Baldwin,

Anthony Hopkins

WHO DIRECTED? Alec Baldwin (debut)

WHAT'S IT ABOUT? Baldwin's long-delayed directorial debut reworks author Stephen Vincent Benét's classic American short story *The Devil and Daniel Webster*. Baldwin plays a struggling writer who sells his soul to the devil (Jennifer Love Hewitt), but when it comes time to pay up he balks and enlists the help of famed lawyer Daniel Webster (Hopkins) to get him out of his agreement.

ONCE

WHO'S IN IT? Glen Hansard, Markéta Irglová

WHO DIRECTED? John Carney (*Zonad*)

WHAT'S IT ABOUT? An Irish street busker (Hansard, a former member of the movie band The Commitments) falls for an Eastern European immigrant (Irglová), and together they write and sing songs reflecting their love affair.



DELTA FARCE

WHO'S IN IT? Larry the Cable Guy, D.J. Qualls

WHO DIRECTED? C.B. Harding (*Blue Collar Comedy Tour: The Movie*)

WHAT'S IT ABOUT? Three U.S. Army reservists headed to Iraq are mistakenly dropped off in Mexico, which they believe is Iraq, and engage the enemy — a band of local outlaws.

→ **HITS THEATRES MAY 11**

SHREK THE THIRD

VOICES? Mike Myers, Cameron Diaz

WHO DIRECTED? Chris Miller, Raman Hui

WHAT'S IT ABOUT? Shrek and Fiona are next in line to rule Far Far Away but the big green ogre doesn't want the crown, so he asks Donkey and Puss In Boots to help him find Fiona's cousin Artie (Justin Timberlake), who could have a claim to the throne. And while the boys are away, Fiona and her princess pals fend off a coup attempt from the slimy Prince Charming. **See Cameron Diaz interview, page 20.**

CAPTIVITY

WHO'S IN IT? Elisha Cuthbert, Daniel Gillies

WHO DIRECTED? Roland Joffé (*Vatel*)

WHAT'S IT ABOUT? A couple is abducted, held captive and tortured by a madman.

MAY 20

WWE-PAY-PER-VIEW JUDGMENT DAY

Check www.cineplex.com for a list of theatres where you can watch it live, and to buy tickets.

MAY 25

PIRATES OF THE CARIBBEAN: AT WORLD'S END

WHO'S IN IT? Johnny Depp, Orlando Bloom

WHO DIRECTED? Gore Verbinski (*Pirates of the Caribbean: Dead Man's Chest*)

WHAT'S IT ABOUT? Will, Elizabeth and Captain Barbossa rescue Jack from World's End and then go up against an alliance of baddies, comprised of Davy Jones, Cutler Beckett and James Norrington. **See Johnny Depp interview, page 30.**

BUG

WHO'S IN IT? Ashley Judd, Michael Shannon

WHO DIRECTED? William Friedkin (*The Hunted*)

WHAT'S IT ABOUT? A horror movie about a waitress (Judd) and a Gulf War veteran (Shannon) who believe the U.S. government infected him with brain-eating bugs may seem like a weird choice for Judd, but the movie got rave reviews after its showing at Cannes last year. Most of the movie takes place in a single hotel room where the couple feed each other's paranoia.

THE EX

WHO'S IN IT? Zach Braff, Amanda Peet

WHO DIRECTED? Jesse Peretz (*The Château*)

WHAT'S IT ABOUT? It's bad enough that Tom (Braff) has to take a job at his father-in-law's ad agency when his wife Sofia (Peet) decides to stay home with their newborn, he also has to deal with evil co-worker Chip (Jason Bateman), who has a thing for Sofia and will do just about anything to sabotage Tom's career.



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It's easy being GREEN

Cameron Diaz only needed a few days in a recording studio to create *Shrek the Third*'s heroine Fiona. But the former model says the rotund green ogre “embodies her essence” like no other character she’s played | **BY BOB STRAUSS**

You’ll have to forgive a generation of children for believing that actor Cameron Diaz is a squat, emerald-skinned lady with funny ears.

After all, the blond, blue-eyed former model has only been seen in two live-action films over the past three years, and neither *In Her Shoes* nor *The Holiday* set any box-office fires. All those kids, however, have heard Diaz voice the lovable ogre Princess Fiona in the cartoon *Shrek*

and its 2004 sequel, which is the third highest-grossing movie of all time. And this season’s *Shrek the Third* should be, if not necessarily that record-setting, as lucrative as all get out.

Playing Fiona for the third time opposite Mike Myers’ grumpy ogre, Eddie Murphy’s motor-mouthed Donkey and an ever-expanding ensemble of fairy-tale escapees was relatively easy, lucrative work, too. As with most animated productions, ►►

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Shrek and Fiona don their royal finery in *Shrek the Third*

“It’s so interesting to see something that’s not real, that’s not actually tangible, embody your essence,” says Diaz

►► the actors only had to spend a few days recording their lines alone in a sound booth.

But there is a little more to it when you’re playing a part as beloved and widely recognized as the Bride of Shrek.

“In certain circles, I’m best known as a green ogre girl,” laughs Diaz, her hair dyed black, just for fun, during a recent interview at L.A.’s Four Seasons Hotel. “The three- to 10-year-olds, they know me like that. And I love it. I love Fiona.

“But it’s interesting,” she continues, “because I’m not doing it every day and it is only a couple of hours here and there,

you don’t feel like you’re totally involved with it 100 percent, in a weird way. But at the same time that character is so my character. I feel very possessive of Fiona. It’s so interesting to see something that’s not real, that’s not actually tangible, embody your essence. In some ways it feels like I give something to these films that I could never give to any other film.”

And although Fiona is only composed of digital pixels, each film in the *Shrek* series seems to offer her opportunities for growth.

“Every time, I think they really strive to make a solid, informed, good statement

that’s uplifting,” Diaz enthuses. “All the characters are always really well-rounded in those films.”

If looking beyond outward appearances was the first *Shrek*’s moral, and choosing for oneself instead of doing what society says was the second film’s theme, *Third*’s lesson for Fiona appears to be something along the lines of... Girl Power!

While her husband and his buddies are off trying to find a good replacement for Fiona’s father, the ailing King of Far Far Away (responsibility-averse Shrek doesn’t want the job), Fiona and a posse of fellow princesses — Amy Poehler’s Snow White, Maya Rudolph’s Rapunzel, Cheri Oteri’s Sleeping Beauty and Amy Sedaris’ Cinderella — defend the kingdom from usurper Prince Charming’s (Rupert Everett) force of classic villains.

Oh, and there may just be a little green bun in somebody’s oven.

Diaz doesn’t want to give much else away. “First off, I don’t know a lot about it,” she claims. “I only know my part ►►

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“I like the ogre look,” Diaz says of Princess Fiona. “She’s beautiful. She has big eyes and she’s round and soft and delicious. I love her so much”

►► of it. We only do sections, we never see the entire film. But my storyline is a lot of fun. They’re so great over there, they just keep stepping it up every time.”

While it may sound like one of Hollywood’s highest-paid actresses has found more fulfillment in voice work than appearing on screen, Diaz’s decision to be more choosy about the movies she makes is more complicated than that.

“I don’t feel like I have to be somewhere for any reason other than that I want to be there,” the 34-year-old says with a shrug. “I hadn’t found anything for a while that made me want to go back to work. At the beginning of my career I was learning about filmmaking and acting and just wanted to keep the ball in motion, so I did film after film after film. It was an amazing experience and I was so thankful for it. But I got to a point where I was like, ‘I don’t have a house, I don’t have anyplace to put my bags, when I do come home I’m with my family, I have no friends.’ The work part of my life was going strong, but I didn’t have any other aspects of my life.

“And in life, you have to have balance,” she continues. “So I just kind of took a little slowdown for a little while. Which is nice. I probably should think about work, but I like it!”

Diaz has earned a rest. She left her Southern California home at age 16 to model around the world. Five years later, in 1994, she landed her first movie role in the Jim Carrey blockbuster *The Mask*.

It was indeed nonstop for the next

decade as she made her mark in more commercial hits (*My Best Friend’s Wedding*, *There’s Something About Mary*, the *Charlie’s Angels* romps), edgy art films (*Being John Malkovich*, *Very Bad Things*) and stuff that registered somewhere in between (*Any Given Sunday*, Martin Scorsese’s *Gangs of New York*).

Her success, coupled with her glamorous looks, naturally brought media scrutiny. Her conflicts with tabloids and photographers became news themselves, especially during the nearly four years she was romantically involved with pop star Justin Timberlake. The pair announced the end of their relationship in January, but the speculative headlines continue — and probably will at least through the spring since, as luck would have it, Timberlake voices a new character in *Shrek the Third*.

Diaz admits that easing back on work was also a naïve attempt to regain her privacy.

“That’s one of the reasons why I went away, honestly,” she says. “I figured that if I didn’t do as many films, then they would have to leave me alone. That if I just don’t make movies then they wouldn’t have any right to my life. Of course, that’s not the mentality of that media [laughs]. So I realized that, if I make a movie or not make a movie, they’re still going to be there. I may as well do what I love doing then. So I don’t have any plans not to make movies. Or become a recluse. My house is too small for that.”

Whatever mix of motivations led to the work slowdown, Diaz doesn’t feel like she’s missed out on anything.

“I honestly do not believe in regret. I’ve always felt that the movies that I’ve made were the movies I was meant to make and the movies that other people made were meant to be theirs. If I see something that I admire, I admire it for what that person has done. I don’t get jealous. I don’t believe in envy at all. I don’t envy somebody else’s life or their accomplishments. I try to concentrate on my own.”

There is, however, one person that Cameron Diaz might wish to be a bit more like. Fortunately, she’s completely imaginary.

“I like the ogre look,” she says of Fiona. “She’s beautiful. She has big eyes and she’s round and soft and delicious. I love her so much.”

Bob Strauss is an L.A.-based entertainment writer.

Shrek the Third: By the numbers (give or take...)

- **1,000,000:** Man-hours it took to complete the film
- **150:** Size of the film’s crew
- **4,500:** Costumes that were designed for the crowd scenes
- **2,500:** Costumes that actually made it into the movie
- **23:** Key fairy tale characters that appear in the movie
- **1,373:** Characters in the crowd scene at the theatre where Prince Charming is performing. It’s the largest crowd scene of the trilogy
- **4,378:** Approved generic characters contained in the character library, which the animators can pull from when creating crowd scenes
- **62,173:** Branches per tree
- **191,545:** Leaves per tree
- **60:** New “environments” in the movie
- **1,602:** Bricks in the stone docks during the docks sequence
- **3,196:** Bricks in the sewer walls when the Princesses escape the castle
- **5:** Current or former *Saturday Night Live* cast members providing voices — Mike Myers, Eddie Murphy, Cheri Oteri, Amy Poehler, Maya Rudolph
- **2:** Monty Python members providing voices — John Cleese, Eric Idle
- **28:** Babies born to artists during the making of the film



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ACTING OUT

Lindsay Lohan plays a rebellious teen desperate for limits in *Georgia Rule*, and admits the role finally taught her the meaning of “life imitating art” **BY EARL DITTMAN**

When a rebellious, foul-mouthed, booze-loving teenager wrecks her mother’s car, mom decides she can no longer handle her reckless daughter so she ships her off to quieter, more regimented surroundings.

While those close to the teen pray the drastic change will help her learn the meaning of responsibility, the angry and unruly girl begins to transform into a calmer and more compassionate young woman.

That’s the story of director Garry Marshall’s new drama *Georgia Rule*, but the similarities to the life of the film’s 20-year-old star Lindsay Lohan are so obvious they’re impossible to ignore.

“I never really appreciated what it meant when people would use the term ‘life imitating art,’” says the Chanel-clad Lohan during a recent Hollywood interview. “However, when you play a character that has gone through a lot of familiar things that you have, you completely understand every nuance of what ‘life imitating art’ really means.”

Unlike her character Rachel, Lohan is always charming — in interviews, anyway. But her well-publicized car crash, January rehab stint at L.A.’s Wonderland Center, frequent hospitalizations for vague illnesses, and reputation for running with the likes of Paris Hilton (until their infamous falling out) are all eerily reminiscent of Rachel at the beginning of *Georgia Rule*.

Rachel’s mom Lilly (*Desperate Housewives* star Felicity Huffman) moves with her daughter to her strict, God-fearing mother Georgia’s (Jane Fonda) secluded Idaho farm where the rules are *not* made to be broken.

Lohan is well aware of the similarities, but simply chalks them up to coincidence.

“When I first started acting full-time, I learned really quickly not to take your characters home with you, because the lines will start to blur,” says Lohan while making herself comfortable on the oversized lounge that dominates the room. “You just take your own experiences to help build your character and to enhance your performance. Everything else that might seem the same between you and the character you’re playing is just a weird twist of fate or something. You just work as hard as you can on making your performance believable, no matter what it takes.”

But just a month before checking herself into rehab and then passing out from exhaustion, Lohan appeared to offer a veiled warning that a burnout was close at hand.

“I’m a workaholic so I tend to just keep going, and I feel like I need to work more,” she says. “You get to a point where you want to please everyone, and that’s difficult. It’s all been a learning experience for me, so I’m trying to learn how to take the time to say, ‘What does Lindsay need? What do I need to do for myself?’ But I’m so used to working at this point that when I don’t have anything to do, I kind of go crazy.”

The seasoned, New York City-born actor began her career in a Ford commercial at age three, but became a bona fide movie star in 2003 when the acidic teen comedy *Mean Girls* became a hit. The film earned great reviews and Lohan’s salary skyrocketed from \$500,000 for that film to \$7.5-million for last year’s romantic comedy *Just My Luck*. That was also just about the time the stories about Lohan’s partying began to surface.

“When you get into the business the first thing you learn is that drama sells,” says Lohan. “Obviously, when you start your career you want to be written about, ►►



COVER GIRL:
She *does* read her own press. Lindsay Lohan is caught carrying the April issue of *GQ*, which features her on the cover.

PHOTO BY SPLASH-KEystone



Jane Fonda (left) plays Lindsay Lohan's no-nonsense grandma in *Georgia Rule*

►► but to an extent you're putting yourself in a place where people are gonna put you up on a pedestal. Sometimes they build you up just to try to take you down, but that teaches you to work harder.

"But it's hard because people that don't necessarily know me as a person, they're going to believe whatever they read, which is understandable," she continues. "Once, when I was in New Orleans filming the papers said I was in L.A., out until four in the morning. I was like, 'That's physically impossible, what did I do, clone myself?'"

Her constant tardiness and peculiar behaviour on and off the set of *Georgia Rule* (she reportedly showed up drunk for a promotional visit to Disneyland) caught the attention of more than just tabloid readers. Several websites posted the letter Lohan received from James G. Robinson, the head of the film's production company, Morgan Creek, saying that her "discourteous, irresponsible and unprofessional" conduct was that of a "spoiled child" and was endangering "the quality of this picture."

Robinson ended his letter with a very real threat to sue Lohan if she continued to show up to the set late (which allegedly infuriated co-stars Huffman and Fonda). Reports are, Lohan was never late again.

With a cast that also includes Dermot Mulroney, Cary Elwes, Laurie Metcalf and Hector Elizondo, Lohan considers *Georgia Rule* her graduation from teen queen to mature actor.

"This film is kind of like a coming-of-age thing for me," she says. "And every film that I'm doing after it, my characters are the same age if not older, and they're maturing, like I hope that I am. I mean, you can only act as if you're in high school for so long, right? So doing this film was the perfect thing for me because it's not a dark film, so I can still keep the fan base that I've grown with, but also attract new, more mature audiences."

When the discussion shifts to dealing with her personal demons, particularly her early battle with her weight and her tendency to be a workaholic, Lohan says she's got those problems under control.

"I feel great about my body and everything else now," says Lohan, whose mom Dina is a former Rockette. "I'm comfortable in my own skin. I think I like having a shape and having my

breasts the size they are supposed to be naturally [laughs]. When I went to the hospital I was overworking myself and I was stressed out. During my weight problems I was hitting puberty and weight changes happen at that age, and people noticed them because they have seen me acting for 18 years.

"Jesus, I've been doing it for so long people have been watching me grow up, just as a parent would with their children — their bodies change," Lohan continues. "Of course, I did things like dying my hair blond and that was sort of drastic, but I was coming into my own skin, learning how to eat healthier and that sort of thing. People are always looking for the dramatic because that's what's interesting and sells the most magazines."

She admits that even though some stories about her have been way off base, that hasn't dissuaded her from voraciously reading newspapers, magazines and even tabloids. "If they're in front of me I'll grab them and read them, even if they are about me," Lohan says. "But I think people should know that I'm a very honest person, and I feel like I'm very sincere. I don't take anything for granted, and I feel blessed, lucky, appreciative, and I'm thankful. I'm not some crazy Tara Reid-esque party girl everybody thinks I am. I want to be in this business for the long run, so I'm not going to throw it away by being irresponsible."

Her recent problems appear to have done little damage to her career. With the films *Chapter 27* and *I Know Who Killed Me* already in the can, she's scheduled to start filming *The Best Time of Our Lives* with Keira Knightley this summer. And there's talk of a follow-up to her platinum album, *Speak*, later this year. But her priority right now is replanting her roots.

"Sometimes fame can cloud your judgment and the important things fall by the wayside, and I'm making sure that never happens," she says. "Remaining grounded in this business depends on who you surround yourself with. If you surround yourself with people that are gonna treat you like you aren't a movie star, then it makes living a normal life easy. Luckily, I have a really great family and a great group of people around me, so I consider myself a pretty humble person. Fame is fame. You learn to deal with it on your own terms." **E**

Earl Dittman is a Houston-based entertainment writer.





The DEPP END

Johnny Depp dives into the role of Captain Jack Sparrow for the third time in *Pirates of the Caribbean: At World's End* | BY EARL DITTMAN

So, what do you think the chances are that Captain Jack Sparrow really was consumed by the Kraken at the end of the last *Pirates* movie, never to emerge again? It certainly was a terrifying image, but let's be realistic. The franchise revolves around Johnny Depp's grimy, prancing pirate. The character is so magnetic that his first incarnation — in 2003's *Pirates of the Caribbean: Curse of the Black Pearl*— earned Depp a Best Actor Oscar nomination. In 2005, the cast reunited to film the second and third films back-to-back throughout the Caribbean with only a

six-week break in between. That second film, *Dead Man's Chest*, ended abruptly when Captain Jack was swallowed by Davy Jones' evil sea monster. But there was a glimmer of hope as our remaining heroes Elizabeth Swann (Keira Knightley) and Will Turner (Orlando Bloom) paid a visit to a voodoo psychic who told them Sparrow could be saved if they travelled to World's End. She then reunited them with the formerly villainous Captain Barbossa (Geoffrey Rush) to lead their journey. That journey, it seems, merely begins with rescuing Jack. Our seafaring swash-

bucklers must also take on the evil alliance of Lord Beckett (Tom Hollander), Admiral Norrington (Jack Davenport) and good old Davy Jones (Billy Nighy), who are running roughshod over the high seas in the name of the East India Trading Company. They'll need help from a map that belongs to new pirate Captain Sao Feng (Chow Yun-Fat), who may turn out to be more friend than foe in the ultimate battle to defeat their enemies and preserve the pirate way of life. Depp was in L.A. when he spoke with Earl Dittman about his third go-around with his most famous character.



All aboard: (from left) Geoffrey Rush, Orlando Bloom, Naomie Harris and Johnny Depp in *Pirates of the Caribbean: At World's End*. Left: Depp with Keira Knightley

You shot the second and third movies back-to-back two years after the first. Did you have to watch the DVD of the first film to ensure the character's continuity? “Oh God, no. I’ve seen it at least a million times, because for a while my kiddies [a girl and a boy with partner Vanessa Paradis] were watching *Pirates I* every day, over and over again. They probably know Captain Jack better than I do.... I would sort of walk into the room looking for something and suddenly I’d hear that familiar score or voice and just exit as quickly as possible so that I didn’t have to see it again or see me again, really. That movie, itself, is good fun, but I just don’t enjoy looking at myself. In terms of continuity, though, Captain Jack is just Captain Jack. You just go with whatever is on the page and have a good time with it.”

Does your relationship with your children change after they watch one of your films? “Not as much as you might think because to them it’s normal, and it’s all they’ve ever known — seeing papa on television or on the DVD cover. So they’ve never

not had that. It’s not weird to them at all. They can go from watching the movie to the dinner table and not mention the film at all. Then again, there are other times where my daughter might say, ‘What was that line in *Charlie and the Chocolate Factory* about the hep cats and the motorbike riders and stuff? Will you do the voice?’ And I’ll do it, and she’ll say, ‘Thanks,’ and we move on to the next thing.”

In *Dead Man's Chest* there seemed to be more spring in Captain Jack's step. Did you feel the character had solidified? “Maybe, I don’t know. I was just sort of doing what I do. All the sort of things that are happening in your world, immediately, sort of affect the way that you approach your day. That can’t help but sort of seep into the work, I guess. It probably made it a little easier that I wasn’t getting the phone calls — the panicked, worried phone calls — like, ‘What the hell are you doing? You’re ruining the movie!’ when some of the execs saw the dailies of the way I was playing him in the first *Pirates*. I didn’t get those this time.”

Do those gold teeth feel as gross as they look? “Well, I’ve actually had many problems because of them over the years. I’ve suffered through several root canals. Once, they actually found an eight-millimetre tip of a drill bit in one of the canals. That was horrible. I remember that vividly because it was a six-hour ordeal. So, to answer your question, Captain Jack’s teeth have been a pain in the mouth to me.”

How were they attached? “They did something to make the surface of the tooth kind of rough, like a normal bonding sort of thing, and then they hot glued and lasered these things on...and the process of taking them off could be ugly. Sometimes it just came off, shot off, and other times they had to really address the issue more intensely. Actually, I didn’t really notice them by the third film. I was just kind of used to them.”

Did the Oscar nomination for your performance in the first film have much affect on you? “Oh, absolutely. I was very surprised when they nominated me. I’m still surprised by it. I think that there was a fluke or misspelling somewhere. I think that someone, somewhere, just counted wrong or made a mistake. It has happened before [laughs]. Seriously, it was never anything that I was striving for.”

How did you feel when Disney decided to insert your likeness into their *Pirates of the Caribbean* theme park rides? “Oh, it was totally surreal. It’s teetering on absurd, but a kind of great absurd. I’m honoured. But at the same time, who would’ve ever thought that would have ever happened? It’s one of those ‘believe it or not’ kind of things. I was excited, but I don’t know that that kind of thing will ever make sense, least of all to me. It might make sense to someone else, but not to me. It’ll always be surprising.”

You’re doing an adaptation of the Tony-winning, Stephen Sondheim musical *Sweeney Todd* with your old friend Tim Burton. What will that film be like? “All I can say is that I gave it the old college try, and did my best on it. I had a fantastic time doing it. How did I do? Well, you and the rest of the world will have to decide if I should ever do musicals — or even sing in public — again.” ►►



From left: Geoffrey Rush, Johnny Depp and Mackenzie Crook

“Captain Jack is just Captain Jack,” says Depp. “You just go with whatever is on the page and have a good time with it”

►► You’ve already done five movies with Burton — *Edward Scissorhands*, *Ed Wood*, *Sleepy Hollow*, *Charlie and the Chocolate Factory* and *Corpse Bride*. How did the idea of doing *Sweeney Todd* come about?

“Tim and I sort of talked about the idea years and years ago, and we’ve been speaking about it, here and there, more recently, and the success of *Charlie* kind of helped it happen.”

Did you take voice lessons?

“Oh boy, that was a requirement — that I insisted on. I told Tim, ‘I think that I will have to have as many lessons as I can squeeze in before we start filming.’”

Was it nerve-racking or are you a singer at home?

“God, no. Never. I think, again, for an actor it’s so important to challenge yourself, and I believe it’s important to be potentially teetering on the brink of absolute flopdome because, otherwise, you’re just sort of there.... Who knows, I might be a horrible singer, but that might work for the character. You never know.”

When you were a kid, what made you want to be an entertainer?

“I don’t know. There wasn’t any one person or anything. I don’t know what happened. When I was about 12 years old,

I guess, is when I really felt like I had found my calling. That was when I started to play the guitar. I taught myself how to play the guitar. I learned and got pretty good. I had a good feel for it. That was my life and I dedicated myself then and there to that and felt like somehow, very deep inside, I felt like I was going to do good with it. Then somewhere in my early 20s that spun out, and I was put on a different road and I’ve been walking that road ever since. I don’t know if I had anything to do with any of it.”

Earl Dittman is a Houston-based entertainment writer.

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There are more than 10 training styles available from iTrain, including strength and toning, cardio, yoga, hip-hop and boxing. For as little as 99 cents per workout, specialized fitness plans and diet tips are included as a subscription bonus.

"Each session is broken up into two or more MP3 files to be listened to in sequence, so you can do a 20-, 40- or 60-minute workout," says Lazenby. "Actress Nikki Reed [*Thirteen*, *The O.C.*] can be on set for up to 14 hours a day and can't get to the gym, so we get her to at least do one of the MP3 files in between takes."

The most popular programs? "Clients love duets, mixing up two or more training sessions into one unique workout," says Lazenby. "And with new workouts added every month to the more than 170 available now, clients are never bored with the same old routine. The music and the workouts are constantly being updated."

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Slow circles = fast results

Centered between yoga and Pilates sits **Gyrokinesis**, which also happens to sit at the centre of Hollywood’s latest fitness crush. Dubbed “yoga for dancers,” Gyrokinesis (say it out loud: jy-ro-kin-ee-sis) and its equipment-based sibling, the Gyrotonic Expansion System, are unique fitness creations from eccentric Hungarian-born artist, dancer and visionary Juliu Horvath.

Though the system has existed under the radar since the late 1970s, recent fans Julianne Moore, Madonna, Liv Tyler and Charlize Theron have brought more attention to the system.

“Gyrokinesis is a collection of circular movements done seated on the floor or in a chair and pulls from yoga, Tai Chi, gymnastics and martial arts,” explains Gyrotonic vice-president and master trainer Matt Aversa. “The belief is that one shouldn’t hold positions, and the body should move without disruption. Gyrokinesis is very gentle on the body while it addresses the spine and works the muscles. The intention is to free up tension through rhythm. Because the muscle fibre isn’t torn it can be practiced as much as every day without needing to allow for the body to repair. In fact, it is the repair and is great for physical rehabilitation.”

Aversa says that most sessions last an hour to 90 minutes, depending on skill level. And, no worries, you don’t need experience in yoga or dance to catch on quickly.

“Besides actors and models, it’s very popular with golfers and athletes, including recent PGA winner Mark Wilson,” says Aversa. “Because it’s done without equipment, it’s a great way to warm up or get the body moving daily. It’s good for eight- to 80-year-olds.”

Since Horvath created Gyrokinesis to increase circulation and stimulate the metabolism, it’s a gentle way to promote weight loss and physical balance, he adds. “The digestive system is put into motion, so many will lose weight as well as all of those aches and pains that plague us on a daily basis.”

➔ Gyrokinesis can be done at home with instructional DVDs (available at [Gyrotonic.com](#)) or in a class environment with more than 20 studios offering classes across Canada (locations listed on the website).

Triple-threat sweat

If Hollywood types have their compasses trained on what’s hot, then they’ll find Cameron Shayne’s multi-faceted workout routine **Budokon** at true north. This challenging triple-threat workout involves yoga, martial arts and meditation, giving users both a physical and mental practice designed to use the body’s full range of motion.

“Its central theme makes it unique only among modern forms of fitness,” Shayne explains. “Its theory, philosophy and techniques are ancient. They connect people to a time when they were more aware of the natural world and less engaged in the illusion of modern pop culture.”

With more than 22 years of experience in martial arts and yoga, as well as time spent as a personal bodyguard, Shayne lists Courteney Cox, Jennifer Aniston, Charlie Sheen, Sean Penn, Chris Tucker and Meg Ryan among his fans.

Requiring no equipment other than the body itself, Budokon is used as a workout, mental release, weight-loss tool and overall way of life. “Considering we come into the world with nothing and leave with nothing, it seems appropriate to understand how to create something from nothing,” says Shayne, who abdicated his black-belt rankings in 2004 to assume the title of Kancho — founder of Budokon International.

“This art form strives for a complete awareness of self and the harmonization of the physical, emotional and mental bodies,” says Shayne. “I give students some exercises to work with, and they can then apply that skill set to anything they do.”

And make no mistake, the meditation is the only reprieve from the rest of this intense workout, and the mental clarity from following the Budokon philosophy in daily life is nothing short of motivating.

➔ The beginner DVD series is available across Canada at major video retailers, and three new releases are headed for shelves this spring, including **The Art of Budokon’s Flow & Flexibility, Strength & Balance** and **Power & Agility**. For more information go to [Budokon.com](#).

TOP TRAINING FOODS

Exercise is just one part of getting your body in top shape. Good nutrition habits are paramount if you want to reach your weight-loss goals. Canada may not have the healthy frozen yogurt chain **Pinkberry** that’s taken Hollywood by storm, but we do have fresh, healthy produce that should be incorporated into meals every day.

You can download iTrain.com’s signature six-week body makeover food plan for free from the website, which details the vegetables, dairy, fat, fruit and protein that should be eaten to ensure optimal results.

“You should have vegetables and protein at every meal,” says iTrain co-founder and trainer Grace Lazenby. “Our weight-loss plan is designed to help you lose a steady one to two pounds a week for even, impressive results.”

The six-week plan is a low-carbohydrate diet that starts by limiting fruit, starch, dairy and fat to one serving daily in favour of vegetables and protein. And then, gradually, you increase selections from those indulgent food groups. Snacks are optional and should be chosen from the categories of protein, fruit or vegetables. Tamara Holmes is a Toronto-based writer.

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GET YOUR HEAD IN SHAPE THE DAVID LYNCH WAY

BY INGRID RANDOJA



While health-conscious Hollywood stars rave about their extreme Pilates workouts and their raw, non-caffeinated, vegan diets, there's a 61-year-old director who smokes too much, drinks 15 cups of coffee a day and is happy, blissfully happy.

David Lynch, the man responsible for such bizarre, dreamlike films as *Blue Velvet*, *Mulholland Dr.* and TV's *Twin Peaks*, is a devotee of Transcendental Meditation (TM), which he claims can bring a person deep, everlasting happiness, and, if given a chance, world peace. He's written a book about his experiences with TM and how it applies to his filmmaking called *Catching the Big Fish: Meditation, Consciousness and Creativity*.

It begins with Lynch's introduction to TM, as taught by Maharishi Mahesh Yogi, in 1973. Lynch had moved to Los Angeles from Philadelphia, where he attended art school, determined to become a filmmaker. His sister was living in L.A. and had started TM, and he heard a change in her voice, a change that sounded like happiness.

"So I went to the centre in Los Angeles," recalls the director on the line from a Manhattan hotel room, "and listened to an introductory lecture, asked questions and it went from there."

In TM you are given a mantra, a "sound-vibration-thought," as Lynch calls it, which you repeat while meditating. "I didn't know what transcending was and how it felt and what it would be like to experience this deepest level of life. And then I found out, and once you have that experience of transcending, and you feel that bliss and euphoria, and this happiness growing, and you see what it starts doing, it was so easy to stay completely regular."

Lynch meditates twice a day, in the morning and afternoon, and has not missed a meditation session in 33 years. He says meditating doesn't give him ideas for films, but rather the clarity and calmness required to catch ideas that bubble up from deep inside his consciousness. (And there is no other filmmaker who relies so much on the deep recesses of his consciousness while making movies.) But

what if you aren't a director, what can TM bring to someone who is, say, a data entry specialist?

"Well, if the job is already thrilling for the data entry specialist you might think it can't get any more thrilling, but until it's *infinitely* thrilling, there is always room for more," says Lynch in his familiar, slightly nasal drawl.

"Now maybe the data entry specialist is bored at his job and is just doing it for money. Using TM this happiness starts growing inside, it's bliss, it's intelligence, it's creativity, it's love, it's knowingness. Now the man might have tension, tension starts to lift up, he might have depression, it starts to lift up, anger and fears start to lift away. He's going to get along with his fellow employees more and more, he's going to enjoy entering data — believe it or not — more and more.

"Now, if creativity starts flowing, he might invent a faster way to enter data, and that gets the attention of his boss and he gets a raise. He might figure out a game in the workplace so that everybody starts enjoying things more. Who knows ►►



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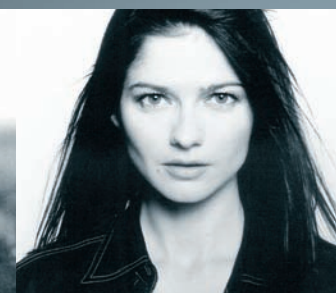
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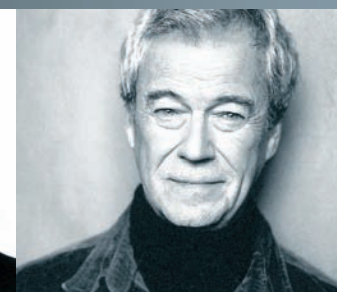
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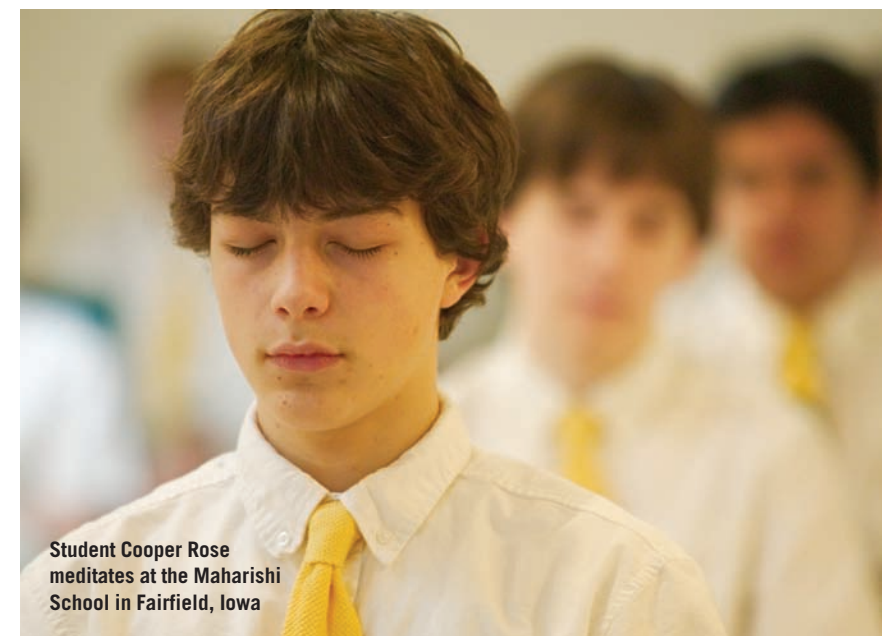


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Student Cooper Rose
meditates at the Maharishi
School in Fairfield, Iowa

**“I think guys get more handsome
and girls get more beautiful. And
it's not on the surface, it comes
from inside,” says Lynch**

►► what's going to happen, but it will
change the way he sees the world and how
he goes about entering data, for the better.”

I want to become a data entry specialist.

That's what happens when you speak
with David Lynch, he makes you believe
you can find happiness in anything you
do. And, according to Lynch, TM brings
about physical changes as well.

“I've seen people who...they don't look
sick, but they look a little bit grey, a little
bit sleepy, they are not quite excited
about life, and yet they have a yearning
for diving within and they start meditation.
It's like a light goes on inside them
and they just look better, they look
younger, they're more energetic and they
say, 'Whoa, man!' I think guys get more
handsome and girls get more beautiful,”
he says with a laugh. “And it's not on the
surface, it comes from inside.”

But how Lynch feels inside isn't always
reflected by the world at large, especially
when his movies are not embraced by
audiences or critics. While he has had
success with films such as *Blue Velvet*,
The Elephant Man and *Mulholland Falls*, he
was crucified when *Dune* came out in
1984 — a film on which he did not have

final approval and which was ultimately
re-edited by the studio. And last year's dig-
ital video effort, *Inland Empire*, left many
viewers scratching their heads. How does
TM help him deal with that part of his life?

“You can say, ‘Oh, a bad review isn't
going to hurt me.’ But if you get one and
you don't have that thing inside growing
you're going to be bowled over,” he says.

“So you don't numb yourself to success
or failure, but it's getting so much from
inside that a failure can no longer kill you.
It's getting so much from inside that suc-
cess can no longer kill you, 'cause success
is so dangerous. You can go on the weird-
est trips. You can get to be some kind of
strange person that people don't like, and
you can get all kinds of fears that keep you
from doing the next project because you
think you may fail and lose that success.

“It's all filled with danger, so grow it
from the inside. ‘Water the root and enjoy
the fruit’ means bring it up from the
deepest level and then automatically all
things start getting better, and you're
unfolding more and more each day your
full potential.

“With full-blown enlightenment nothing
can hurt you, there's zero fear.” **F**



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A healthy dose of fashion

Exercise is hard, but there's no shame in getting a boost from some cute workout wear or a nourishing cosmetic | BY LIZA HERZ



You know that fitness clothing has achieved fashion legitimacy when pneumatic starlet Scarlett Johansson is fronting her own line of exercise wear. The pulpy-lipped young film goddess, most often seen busting out of designer gowns on the red carpet, is now the face of Scarlett "Hearts" RBK, a new line of '80s-inspired clothing and running shoes.

Cross-pollination of fashion and fitness is a natural. If you want to be slim enough for fashionable clothing without subsisting solely on cigarettes

and vodka sodas, you will need to exercise. And you might as well look good while doing it.

It was Miucca Prada who, in 1998, launched Prada Sport, understanding that a love of designer wear exists even during yoga class — or while grabbing a soy chai latte afterwards.

The beauty industry is also in on the act. These days, mainstream and high-end cosmetics are chock-a-block with lofty health claims, urging consumers away from nasty chemical additives while pointing them toward the benefits

of added vitamins and amino acids.

The desire for health benefits in all things has resulted in some rather out-there concepts. Consider Borba Neutraceuticals Skin Treatment Gummi Boosters (available online at Sephora.com), which add green tea and biogenic vitamin C complex to the humble gummi bear to "help stimulate the removal of toxins, while keeping pores clear and promoting skin clarity."

That's good enough for me. I'll cheerfully eat a whole bag — in the name of health, you understand.



1 Flashdance, what a feeling. Scarlett Johansson wears an off-the-shoulder **Sweatshirt**, \$75, **Racer Tank**, \$50, **Leggings**, \$80, and **Retro Aztec Shoe**, \$120, from her own **Scarlett "Hearts" RBK** line (www.reebok.com).

2 Even cult-favourite line **Marni** is showing **Fitness-Inspired Leggings**, elevating them to fashion-icon status from mere flash-in-the-pan trend.

3 More than just a beauty treatment, the Epsom salts in **India Hicks Island Living Spider Lily Bath Salt** (\$36, Crabtree & Evelyn and select Holt Renfrew locations) soothe post-workout muscle ache, while the tropical scent calms.

4 With shock-absorbing cushioning and support, the **NB Zip** from **New Balance** (\$130, newbalance.toronto.ca) is a serious training shoe, but its sleek lines and citrus accents make it a stylish wardrobe add-on as well.

5 With flavours like orange, lemon and grape, vitamin-enhanced **Propel Fitness Water** (\$2 for 700 ml), makes the "hydrate, hydrate, hydrate" edict easier, and much more fun, to follow. And who could say no to some extra vitamins?

6 Lemony and light (don't be misled by the ornate bottle), **Annick Goutal's Eau du Sud** (50 ml EDT \$97, Ogilvy Montreal and select

The Bay stores) blends citrus with bergamot and basil to bring some Provençal élan to your sportiest looks.

7 Transformed for the contemporary man, **Old Spice Body Spray in Pure Sport** (\$6, drugstores) injects a classic fragrance with modern energy.

8 Moisturize your recently bared skin with **Dove Energy Glow Body Lotion** (\$10, drugstores) and let the subtle self-tanning ingredients give you a hint of a summer tan.

9 Developed with health guru Dr. Andrew Weil, **Origins' Plantidote Mega-Mushroom Eye Serum** (\$52, select The Bay locations) uses natural ingredients like mushrooms, ginger and turmeric to reduce puffiness and those nasty under-eye bags and dark circles.

10 Colourful and oh so covetable, the **Dhanura Yoga Bag** from **Louis Vuitton** (\$2,170, www.louisvuitton.com) in mandarin Epi leather comes with a washable, logo'd yoga mat so your *asanas* are as stylish as they are beneficial.

11 Organic skincare goes from crunchy to luxurious with **Stella McCartney's new CARE** line (\$40-\$88, select Holt Renfrew locations), which boasts terrific fragrances, nourishing skin with 100 percent organic active ingredients, and no petrochemicals, silicones or chemical preservatives.



DOLORES O'RIORDAN, AT HOME IN ONTARIO

BY INGRID RANDOJA

Dolores O'Riordan's unmistakable Irish lilt comes wafting over the phone line. She's in Toronto, having just returned from her cottage in Northern Ontario. Why does the former lead singer of the 1990s band The Cranberries, and a girl from County Limerick, own a cottage in Ontario? "Well I married a Canadian," she says with a laugh.

Thirty-six-year-old O'Riordan married Duran Duran's Canadian tour manager Don Burton in 1994, and although the couple and their four kids — ages 16, nine, six and two — live in Ireland, they spend their holidays Canada.

It's also the place where O'Riordan wrote many of the songs found on her first solo album, *Are You Listening?* (available May 15th).

"I love it there," she says referring to her getaway in the woods. "I love the rustic life, and it's great to have a pad in Canada for when we're touring."

The Cranberries disbanded in 2004 after 13 years together

and producing five albums that sold a total of 32-million copies worldwide. That meant O'Riordan would finally have the chance to write and sing — in her distinctive, thrilling voice — her own songs.

"It took me four years to make the album, the longest I've ever gone between albums, and that's a good thing because I didn't rush it and I picked the cream of the crop out of the 32 songs I wrote."

Are You Listening? is bursting with O'Riordan's trademark vocal dramatics. Songs that begin quietly eventually grow louder and more elaborate, and her haunting voice remains at the centre of it all. Since O'Riordan started singing with The Cranberries when she was just 18, I ask if anyone tried to alter or interfere with her singing style.

"No," she says quickly. "I was never trained or anything. I just go out there and feel the music and let it in. It's a spiritual experience for me and anyone who shares

the stage with me feels it.

"It's funny, I've gone full circle," she continues. "When I started music was fun, a hobby, but after The Cranberries became so successful it stopped being fun...it wasn't fun at all. And then I got busy with my family and it's come back to being fun, a hobby, and that's the best place for me to be to enjoy singing and what I'm doing."

HERE'S YOUR REMINDER TO PICK UP FEIST'S FOLLOW-UP TO LET IT DIE

No one expected Feist's (full name Leslie Feist)

unheralded 2004 CD *Let it Die* to become an international hit, but attention will surely be paid to the Nova Scotia native's follow-up disc, *The Reminder* (available May 1). The singer, who now resides in Paris, boasts a strong voice that she can dial down to a sweet Norah Jones-like range, or unleash, forging a Patti Smith-like intensity. Although you get more Norah than Patti with *The Reminder*, the album's not particularly laid-back. Feist injects just enough of her eclectic styling into the mix, which should satisfy her indie fan base.



Out this MONTH

TORI AMOS
American Doll Posse >>May 1

The always assertive Amos releases her ninth studio album, and this time around she takes dead aim at U.S. politics, with the CD's lead track, "Yo George," laying a fierce tongue-lashing on one mister George Dubya.

BJÖRK
Volta >>May 8

Björk invites African musicians, a 10-piece female brass section from Iceland and a Chinese pipa (similar to a lute) player to join her on her sixth studio album.

BLACKTOP MOURNING
No Regret >>May 15

The pop/punk darlings of MySpace.com release their debut CD, produced by Counting Crows front man Adam Duritz.

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GO HOME WITH **DREAMGIRLS**, **VENUS** OR **ALPHA DOG** | BY MARNI WEISZ

MAY 1

ALPHA DOG

STARS: Emile Hirsch, Ben Foster

DIRECTOR: Nick Cassavetes (*John Q.*)

STORY: Based on a true story currently before the courts, Hirsch plays Johnny Truelove (Jesse James Hollywood in real life), a suburban drug dealer in the San Fernando Valley who makes the very bad decision to kidnap Zack Mazursky (Anton Yelchin), the brother of a tough punk who owes him money (Foster). **DVD EXTRAS:** "A Cautionary Tale: The Making of *Alpha Dog*," witness timeline

MAY 8

CATCH AND RELEASE

STARS: Jennifer Garner, Timothy Olyphant

DIRECTOR: Susannah Grant (debut)

STORY: Garner plays a woman who's devastated by her fiancé's death...until she discovers he was secretly supporting a mysterious lovechild. That, of course, allows our grieving girlfriend to open up and enjoy a whole new romance.

THE PAINTED VEIL

STARS: Edward Norton, Naomi Watts

DIRECTOR: John Curran

(*We Don't Live Here Anymore*)

STORY: Watts and Norton play a young English couple who, in the 1920s, travel to Shanghai where he — being a bacteriologist — is to help with the cholera epidemic. But she — being a bored middle-class brat — begins a relationship with the British vice consul (Watts' real-life love Liev Schreiber).

MAY 15

THE FOUNTAIN

STARS: Hugh Jackman, Rachel Weisz

DIRECTOR: Darren Aronofsky (*Requiem for a Dream*)

STORY: In this ambitious love story that spans 1,000 years Weisz plays modern-day Izzi who's dying of a brain tumor while her

scientist husband Tommy (Jackman) searches for a cure. Meanwhile, Izzi is writing a book about a 16th-century Spanish queen (Weisz) who dispatches an explorer (Jackman) to the New World to find the Tree of Life with its promise of immortality. And in the 26th-century, Tom (Jackman) rides through space toward a nebula thought to be the underworld. Trippy.

PAN'S LABYRINTH

STARS: Ivana Baquero, Ariadna Gil

DIRECTOR: Guillermo del Toro (*Hellboy*)

STORY: A little girl (Baquero) travelling through war-torn Spain in the 1940s encounters a mythical faun named Pan who tells her she is a lost princess and challenges her to complete three tasks. If she's successful, she'll be allowed to return to her underground home. **DVD EXTRAS:** "The Power of Myth – DVD Comics," director's notebook, storyboards

MAY 22

APOCALYPTO

STARS: Rudy Youngblood, Raoul Trujillo

DIRECTOR: Mel Gibson (*Braveheart*)

STORY: In the waning days of the Mayan civilization young Jaguar Paw (Youngblood) is kidnapped by a rival tribe, which plans to use him as a sacrifice.

VENUS

STARS: Peter O'Toole, Jodie Whittaker

DIRECTOR: Roger Michell (*Notting Hill*)

STORY: An aging British actor (O'Toole) is captivated by the comely grand-niece (Whittaker) of a contemporary, and — despite a 50-year age difference — sees her as his last chance to woo a pretty young thing before ascending to that big stage in the sky. O'Toole earned an Oscar nomination for his performance.

EPIC MOVIE

STARS: Kal Penn, Crispin Glover

DIRECTORS: Jason Friedberg, Aaron Seltzer

STORY: In the tradition of such parodies as

Scary Movie and *Date Movie*, this spoof riffs off recent blockbusters to tell the story of four *Chronicles of Narnia*-esque orphans who find golden tickets giving them entry to a *Charlie and the Chocolate Factory*-esque candy plant.

Spotlight:



MAY 1
DREAMGIRLS (\$46)
Two-Disc Special Edition

This pic about the rise, commercialization and splintering of a 1950s all-girl trio ended up with eight Academy Award nominations, winning two, including Jennifer Hudson's statuette for Best Supporting Actress. In all honesty, though, it was Hudson's voice rather than her skill as a thespian that earned her the prize.

Beyoncé Knowles turns in an appropriately understated performance as Deena, the pretty singer who doesn't have the talent or presence of her more talented bandmate Effie (Hudson), but that doesn't matter to their manager Curtis Taylor Jr. (Jamie Foxx) who kicks poor Effie out of the group to put Deena in the spotlight.

The Two-Disc Special Edition DVD features some particularly insightful extras, including a featurette on costumes in which designer Sharen Davis describes how her creations mimic the characters' evolving personalities. Also look for storyboards, deleted and extended scenes, a music video and a piece on the history of the Broadway show.

FROM THE DIRECTOR OF *BLADE II* AND *HELLBOY* PAN'S LABYRINTH



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- AUDIO COMMENTARY WITH GUILLERMO DEL TORO

MAY 2007

HOROSCOPE | BY DAN LIEBMAN



Taurus

April 21 ☆ May 22

Whether it's a summer holiday or a fall celebration, this is a month for making advance arrangements. Be careful around the 17th not to discard papers or ignore phone or email messages. Late May finds you auditioning — possibly for a highly dramatic role.

MAY BIRTHDAYS

1st: Wes Anderson	12th: Jason Biggs	23rd: Drew Carey
2nd: Dwayne "The Rock" Johnson	13th: Samantha Morton	24th: Priscilla Presley
3rd: Dulé Hill	14th: Cate Blanchett	25th: Mike Myers
4th: Lance Bass	15th: Jamie-Lynn DiScala	26th: Lenny Kravitz
5th: Richard E. Grant	16th: Pierce Brosnan	27th: Joseph Fiennes
6th: George Clooney	17th: Bill Paxton	28th: Gladys Knight
7th: Gary Cooper	18th: Tina Fey	29th: Annette Bening
8th: Melissa Gilbert	19th: Pete Townshend	30th: Wynonna Judd
9th: Candice Bergen	20th: Cher	31st: Colin Farrell
10th: Bono	21st: Fairuza Balk	
11th: Natasha Richardson	22nd: Richard Benjamin	

Gemini

May 23 ☆ June 21

It's a month of nonstop activity. And though you've finished little by the 31st, you've actually taken big steps in several key areas. Consider a family gathering, even if that hasn't been a tradition of yours. Expect a series of misunderstandings after the 17th.

Cancer

June 22 ☆ July 22

Following a recent slump in your career or another area, you take a new approach and see positive results. Instructions you receive or give should be extra clear, particularly after the 14th. You realize that a family-related sacrifice you made was worth the trouble.

Leo

July 23 ☆ August 22

There are no shortcuts now. Reaching a current goal is an uphill climb, but you're up for the challenge. People express themselves in unusual ways. Your partner, for example, may apologize in an odd manner. Good financial news arrives after the holiday weekend.

Virgo

August 23 ☆ September 22

It's payback month. Don't be shy about collecting at least one favour. Virgo is not always open-minded, but this month a creative new approach works wonders in several areas, notably romance. There's also an opportunity to take on greater responsibility.

Libra

September 23 ☆ October 22

It may be time to ask for advice on a personal matter, even if you're used to working things out alone. May is a good month to try a new fitness activity. You're put in charge of a project, but don't expect instant praise. It will come when least expected.

Scorpio

October 23 ☆ November 21

If May had a slogan it would be "more than meets the eye." People have hidden motives, jobs look deceptively simple and first impressions are often wrong. You'll also acquire something of value, and will finally get the go-ahead on a home-improvement project.

Sagittarius

November 22 ☆ December 22

People's reactions aren't what you expect, so make sure your messages are getting across. Watch out for a tendency to get carried away buying garden-related or other seasonal gadgets. Make a point of sending thank-you notes, especially for intangible gifts.

Capricorn

December 23 ☆ January 20

You've put someone on a pedestal and now it's time to see the human side of that person. Be more realistic, too, with your own goals and expectations. The second part of the month includes last-minute changes, surprise visits and an unusual career opportunity.

Aquarius

January 21 ☆ February 19

You enjoy expressing your opinions, especially the controversial ones, but exercise caution this month. You'll be asked to back up statements with facts. May is a good time to discuss family finances, try out for a sports team and sign up for language classes.

Pisces

February 20 ☆ March 20

It's easy to make decisions too quickly. Look at the whole picture and try to see beyond the obvious. Someone in a position of power is ready to give you great responsibility. You become increasingly independent and are ready to make changes and take chances.

Aries

March 21 ☆ April 20

It's a month in which you work extra hard, yet still manage to have many laughs. A simple compliment that you pay has a ripple effect. Don't hold back with opinions during the weekend of the 18th. You and an unlikely partner are about to start a joint venture.

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HUGH GRANT “I’ve started to do Pilates, and I have core muscles of steel now. Good for childbirth!”

DANIEL CRAIG “When I got the James Bond role, I knew it was a physical challenge. I worked hard at getting as fit as I could. With the help of a trainer, I did three-hour gym sessions, yoga and weight training.”

JAKE GYLLENHAAL “My buddy Lance Armstrong has inspired me. I’m a big bike rider. I like exercise — it’s a natural high.”

KEIRA KNIGHTLEY “I’m not going to jog five miles every morning. I haven’t been to the gym since January, and I’m drinking about a half a bottle of wine at night.”

HILARY DUFF “I saw a photo of me and was mortified at the way I looked, so I started doing Pilates three times a week and my body changed in just three weeks. I feel better and I feel stronger and more flexible.”

ORLANDO BLOOM “I do yoga and Pilates. I’ve been blessed to be given a great physical form, and I want to treasure it.”

JESSICA ALBA “I do five workouts a week — 20 minutes each on the elliptical machine and stationary bike, 60 minutes of weights and five minutes of abs. I also do Tae Bo. Everyone in my family is heavily overweight, and I’m determined to be healthy.”

LINDSAY LOHAN “I like doing push-ups. I’ll just drop and do them. People think I’m a bit crazy, but I’ve gotten pretty good.”

KATE HUDSON “My biggest challenge was losing the 60 pounds I’d packed on when I was pregnant. I was a big, jolly pregnant lady, but then I devoted six hours a day to a rigorous workout regime. I would do 45 or 55 minutes of cardio and then an hour of Pilates or yoga three times a day.”

MATTHEW MCCONAUGHEY
“Without exercise, I feel like my head doesn’t work right. I just feel better when I work out. I do sit-ups, push-ups and jogging. I think the body is a beautiful thing, and you should take care of it. Whether it’s going for a run, dancing or loving, my rule is to break one sweat a day.”

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